

# What to expect now that you are at the hospital

We are here to help make sure you are safe. Our team of caregivers will ask questions to help us support you. It is important for you to know what may happen today.



You may meet nurses, counselors, or doctors.



You may be taken to a room to speak privately.



You may receive a check-up.

We encourage you to ask questions at any time. You have a right to call someone.

## RESOURCES

- You can also call Disability Rights California at (800) 776-5746 or TTY (800) 719-5798 to find the local Office of Patient Rights. You or a caregiver can also find the local office [online](#).
- National Alliance on Mental Illness (NAMI): (800) 950-6264

Scan the QR code to access an educational guide on **“Supporting Youth in Mental Health Crisis”**



# What to expect now that you are at the hospital

We are here to help make sure you are safe. Our team of caregivers will ask questions to help us support you. It is important for you to know what may happen today.



You may meet nurses, counselors, or doctors.



You may be taken to a room to speak privately.



You may receive a check-up.

We encourage you to ask questions at any time. You have a right to call someone.

## RESOURCES

- You can also call Disability Rights California at (800) 776-5746 or TTY (800) 719-5798 to find the local Office of Patient Rights. You or a caregiver can also find the local office [online](#).
- National Alliance on Mental Illness (NAMI): (800) 950-6264

Scan the QR code to access an educational guide on **“Supporting Youth in Mental Health Crisis”**



